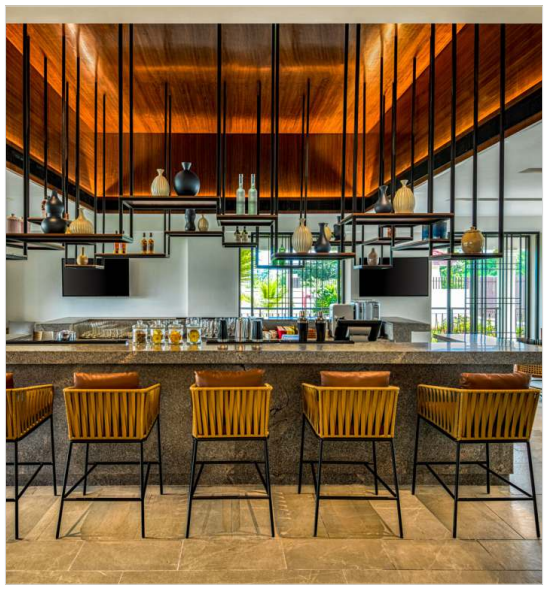
THE TAMARIND GLOBAL NEWSLETTER FEBRUARY 2022

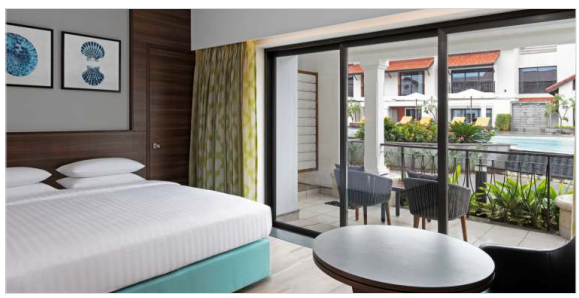
tang

TAMARIND GLOBAL

NOVEL BEGINNINGS DURING PANDEMIC IN INDIA - VOLUME 3

FAIRFIELD BY MARRIOTT GOA BENAULIM





Where? Goa

Why? A minute's walk from the immaculate sands of Benaulim beach, it's the first ever resort styled Fairfield in South Asia, and Marriott International's debut property in South Goa, spread across 4.3 acres. Enjoy cool sea breeze flowing gently through the lobby, where tropical plants and cascading water emulate the natural elements of Goa. From the kindness of a friendly greeting to the comfort of a good night's sleep, you'll find everything you need right here, including free Wi-Fi and a complimentary breakfast to get you on your way, all at a great value. Experience the calm of South Goa and count on warm hospitality at Fairfield by Marriott Goa Benaulim.

What is unique? A generous pool, terrace and lounge complete the seamless design at the centre of the hotel. Blend business with pleasure by hosting your meetings in their versatile ballroom space, or take advantage of the gymnasium and spa to satisfy your fitness routine and well-deserved relaxation. When you've had your fill of hotel and Goan activities, rest well at the guest rooms with natural lighting, balconies and comforting amenities. The cosy design of the rooms adds to the colourful charm and tranquillity with a view overlooking fields and lawns. Each room comes with its own balcony or a patio seating area offering an outdoor space which is truly yours. Just minutes away from the Benaulim village, the hotel is conveniently located near everything you want to see and do in Goa.

THE POSTCARD GIR WILDLIFE SANCTUARY

Where? Gir, Gujarat

Why? In the home of Asiatic lions, sixteen acres of mango orchards amidst the raw, untamed, and unmistakably wild forest of Gir lie the contrasts and pleasures of staying at The Postcard Gir Wildlife Sanctuary. Rooms offer plenty of privacy ensuring that the only sounds you hear are the sounds of migrating birds, or of course, the unmistakable roar of a welcoming lion. Stay with Postcard is full of surprises as you explore a world of riches known and unknown.

What is unique? Raw yet luxurious, rooms are a modernist refuge in a surrounding that is as old as time itself. Home to 700 lions at last count, a sighting of the majestic Asiatic lion during one of your safaris is all but guaranteed. There's more on offer beyond the company of lions, of course. A leisurely nature trail where you're likely to spot some unexpected friends - leopards, blue bulls, wild boars, jackals, and perhaps a few of the over 300 birds native to the region. A drive to the pristine, unspoilt, and frankly, underrated beach in Diu or the utterly absorbing Siddhi Dhamal dance by the tribe settled in Gujarat. More surprises lay in store, safe to say, you'll settle in nicely.

WELCOMHOTEL BY ITC HOTELS, TAVLEEN, CHAIL

Where? Chail, Himachal Pradesh

Why? Secluded gem within Himachal Pradesh, a perfect antidote to the hurried pace of city life, spread over 6.5 acres of woodland and nestled amidst oak and pine forests, Welcomhotel Chail is a serene haven surrounded by majestic views of the Himalayan range. Blissfully situated amidst the oak forests, the dreamy cottages are ideal for those seeking an enchanting stay or your very own cabin in the woods.

What is unique? Rooted within the lap of nature, a premium mountain resort that brings you captivating abode of abundant calm and picture-perfect backdrops, while you relish the charm of the wilderness. Explore true essence of living in the mountains through curated experiences across nature, wellness, adventure and gastronomy, including rejuvenating therapies, nature trails, a dip at the temperature-controlled mountain-view swimming pool and yoga sessions on the hill top. The hotel also features an extensive array of recreation facilities, including a cosy library, delectable dining options and versatile banqueting facilities for your comfort.

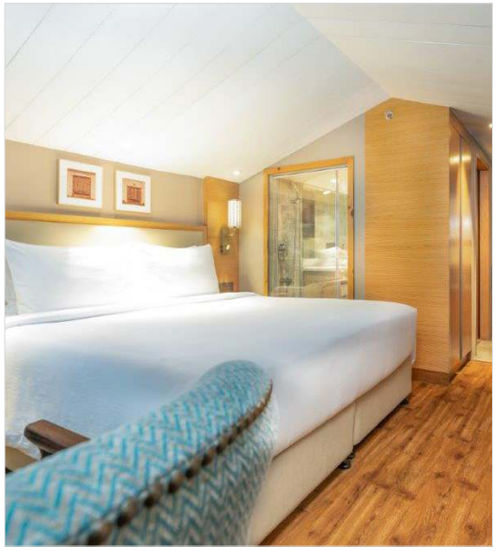
TILAR SIRO ANDAMANS BY CGH EARTH

Where? Havelock Island, Andaman and Nicobar Islands

Why? It's a perfect amalgamation of ocean and forest where nature aims to delight the seekers, thrill the adventurous soul and soothe the hurried urban nomad, seeking respite from the bustle of city life. Should you be in the mood for escapade, discover the underwater treasures of the sea as you explore a world filled with colour, life and beauty. With the slow pace of island life, Tilar Siro brings to you the bounties of the Andamans in a riveting combination that is as scenic as it is serene.

What is unique? Camouflaged by tropical foliage that weaves around the resort, the spaces here leave much to discover in every corner. Hosting rooms that stand on stilts with minimalistic luxury, this latest addition to CGH Earth exudes warmth, an understated elegance and a sense of calm. You are met with stunning views regardless of where you are in the resort and fresh seafood is the highlight of the menu. Experience the allure of Havelock Island, amidst the unexplored waters of the Andaman Sea, a diver's paradise. Being partnered with diving company, Lacadives, Tilar Siro also offers a number of PADI certified diving courses to explore the deep reaches of the Andaman Sea. Resort captures the signature CGH Earth spirit while enthralling you with an undiluted Andamans experience.

RADISSON GOLF RESORT, PAHALGAM



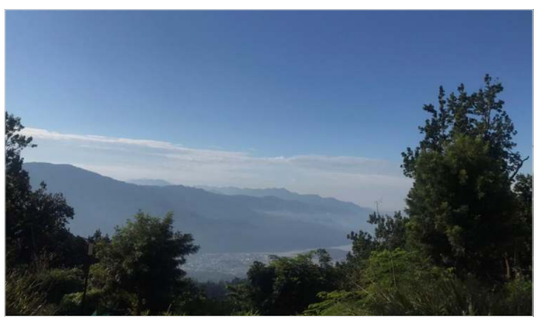
Where? Pahalgam, Jammu and Kashmir

Why? Nestled away in the beautiful valley of Pahalgam and blessed with uninterrupted views of the mountains and lush green valleys, Radisson Golf Resort Pahalgam welcomes you to a nature lover's paradise. The resort is situated adjacent to the 18-hole Pahalgam Golf Course, one of the most prominent golf destinations in Kashmir, and enjoys the nearby presence of gurgling Lidder River.

What is unique? Find harmony in rooms featuring modern design and authentic Kashmiri craftwork, serene mountain and valley views. With authentic Kashmiri, Indian, Continental, and Western cuisine to satisfy all tastes, the resort has sprawling garden areas and hospitality that ensures you have a comfortable and relaxing stay in Pahalgam, with thoughtful extra touches to create lasting memories. During your stay, be sure to visit nearby popular attractions like the Mamleshwar Temple and Chandanwari or soak up the views as you lose yourself in the stunning Aru and Betaab Valley.

SPECIAL TRAVEL EXPERIENCE THROUGH THE EYES OF PRABHAKAR KAMAT - A Tammie

Prabhakar is, as a Tammie of long standing, extremely well travelled - despite this, he counts his stay in Ananda as one of the highlights of his wellness experiences.



We were in the midst of one of those mega exhibitions in Noida when I was presented with the opportunity to visit a wonderful place aptly titled Ananda. While the timing was just right, I did a brief check with Francis, my colleague before preparing to head off to the verdant hills and beautiful scenery of the Himalayas. “Ananda in the Himalayas” is a luxury destination spa resort located at the foothills of the Himalayan ranges. The Property is surrounded by lush green Sal forests, overlooking the historical and spiritual town of Rishikesh and Ganges Valley.

I was excited as I was going to visit India's best award-winning wellness & spa resort which integrates traditional Ayurveda massages, Vedanta with international wellness, Yoga and meditation along with fitness recovery and healthy cuisine, which would help us restore our stability and complement our energy post all the hard work. I usually wind up the year visiting a couple of choice destinations around India. While it was Wayanad & Jaisalmer in the year before the pandemic hit us, it was Gir for this year. I hadn't accounted for Ananda hence it was an unexpected surprise as well as an item ticked off my year end bucket list.

READ MORE

EMOTIONAL HEALING AT ANANDA IN THE HIMALAYAS

by Mahesh Natarajan, COO at Ananda

From the physical, to the emotional. While Prabhakar talks about his transformation through a routine of Ayurveda, Yoga and a healthy customised diet, Mahesh Natarajan talks about opening up his mind to the process of emotional wellbeing with some of the philosophies and resident emotional healers at Ananda. Mahesh elaborates on the transformations he has seen in guests at Ananda over the years he has spent there.

In my journey of a decade and a half at Ananda, I have seen personally the amazing physical transformations that our guests have gone through after a few weeks of immersive wellbeing programmes with our experts. I had seen some guests who would tend to gravitate more toward meditation and in the course of sessions would spend more time exploring their personal state of mind with the teachers. But mental and emotional health was still something vague, and what we believed got taken care of simply by improving the physical self and by virtue of simply being in the tranquil surroundings of Ananda.

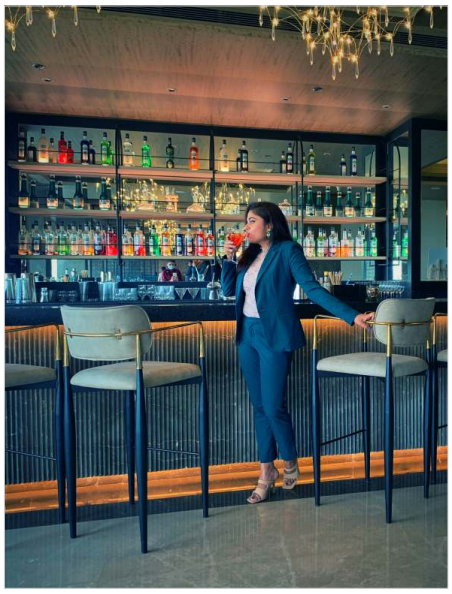
Then as I started exploring this further, I started seeing a different side to people and their problems. I have seen guests, some of whom were incredibly successful people and very confident and seemingly positive, absolutely change once their defences were down and they allowed themselves to probe deeper into their emotions. Our yoga teachers would share with me instances of guests who would become very emotional during a Yoga Nidra or Antar Mouna session. The Yogis maintained that this was but a natural process; as the mind quietened with these practices, unresolved emotional conflicts bubbled up to the surface. Similarly therapists would share instances of emotional breakdowns during a reiki or energy healing session.

READ MORE

PHOTO ALBUM SERIES ON THE PARK INDORE

BY SUPRITI SAHAY- NATIONAL SALES DIRECTOR -THE PARK HOTELS

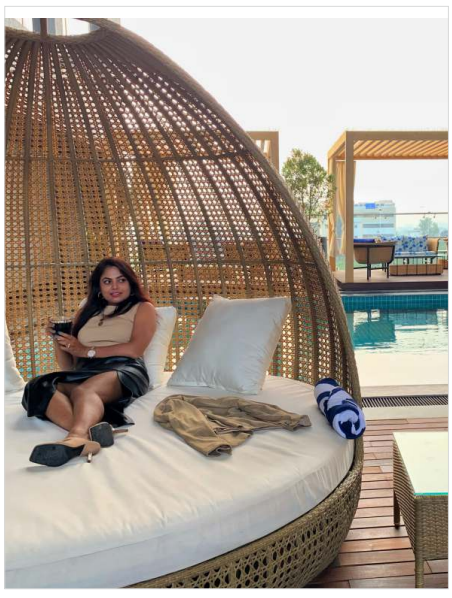
The Park Indore
THE Park Indore is a 99-room contemporary boutique hotel, providing a point of calm and inspiration in the urban hub. The hotel is strategically located at MR 10 Road. THE Park Indore offers inspiring design, refreshing people, rejuvenating spaces, innovative dining, sensuous entertainment, instant connectivity and edgy art, balancing mind and body, work and play. A perfect venue for corporates and socialites to indulge in various events. Supriti Sahay gives us her perspective in pictures.



Epicentre Bar:
Make mine a Double – that's what I say every time I am at the Epicentre Bar

Aqua Bar
Alfresco vibes setting the mood during the day
Dark and groovy mood setting in by night
Aqua by the Pool, rejuvenates you to take on the week like never before

Work N Chill:
Sipping on my cold coffee,
Enjoying the sun kissed spot in the room,
Work from hotel, never felt this better
with the high speed internet.
The productive me loves this WORK N CHILL



Love Orbit:
Finding my place to Unwind
With the beautiful wind on my face
Love Orbit makes me chill and takes me to Wonderland

Anything But Ordinary
A breath of fresh air, to wake up my soul
A hot cup of coffee, to stimulate my mind
A white robe, to keep me warm
This is all I need in the "Anything but Ordinary" The Park Indore

Epicentre:
Food can take us to places,
Make memories last for a lifetime
Epicentre is one such experience, boasting of an array of sumptuous delicacies
A total WOW with every bite

UNCORKING THE SECRET OF THE BOTTLE MASALA

by Anjali Tolani – A Tammie

While Mumbai does not form part of the coveted Golden Triangle or beckon like the beaches of Goa or backwaters of Kerala, its history and cultural ethos are no less fascinating than that of better-known tourist destinations in India. While many are aware that the erstwhile Bombay comprised seven islands initially occupied by the Portuguese and later gifted to the British as part of the dowry bestowed upon Charles II, not too many know about the indigenous East Indian community.

Who are East-Indians?

A confusing term, for Indians who live in western India! Considered the original residents of Bombay, the East Indian community's history dates to the 15th and 16th century Portuguese occupation. As part of their rule over the area, Portuguese missionaries converted Hindu members of local farming, fishing and salt-making communities to Roman Catholicism. These aborigines, who lived on the islands of Salsette, Vasai, Thana and parts of Raigad, took on the lifestyles, habits and cuisines of their invaders.

After Mumbai was gifted to Charles II in dowry, other Christians started coming to Bombay in search of work and the original Christians from Bombay adopted the moniker 'East Indian' in order to distinguish themselves as the earliest Roman Catholic subjects of the British Crown in this part of India. Today, their stronghold is the suburb of Bandra in Mumbai, where they continue to straddle customs from two religions. And naturally, they have a very distinctive cuisine of their own.

The East Indian culture and cuisine is an amalgamation of Maharashtrian, British and Portuguese influences (there are a few similarities with Goan cuisine, too). Bottle Masala, though, is uniquely East Indian.

Bottle masala starts with dried red chillies and end up in beer bottles.....

READ MORE

India offices:
Mumbai, Delhi, Ahmedabad, Bangalore, Chennai, Cochin, Hyderabad, Indore, Jaipur, Jodhpur, Kolkata, Pune, Trivandrum, Udaipur, Vadodara.
Marketing offices: Canada, Russia, Saudi Arabia, United Arab Emirates, United Kingdom

Mumbai: 701, 7th Floor, Crest Corner, 204, Waterfield Road, Bandra West, Mumbai 400 050
Tel: +91-22-66802500 |Fax: +91-22-67102876

Gurgaon: 5th Floor, Building No 91, Sector – 44, Gurgaon 122003, India Tel: +91-124-4565454 | Fax: +91-124-2570337
Website: www.tamarindglobal.com | Online: www.tamarindglobalonline.com |info@tamarindglobal.com