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TAMARIND EVENTS & NEWS

WEDDING AT RITZ CARLTON, ABU DHABI

Tamarind Weddings organised a wedding in Abu Dhabi for over 700 guests. Functions were held at The Ritz Carlton and Sadiyat Island. Mika rocked the sangeet as expected, and illusionist Gaston performed his magic at Palace of Illusions. Our designers executed a magnificent Ganesh temple for the mandap, and a spectacular water fountain show with fireworks marked the end of the pheras.

BIRTHDAY PARTY IN DUBAI WITH RAHAT FATEH ALI KHAN IN CONCERT

Tamarind Events put together a 50th Birthday celebration in Dubai at the Four Seasons,Burk Khalifa and the Armani Hotel in Dubai.

FEATURED EVENT DESTINATION - FAIRMONT MONTE CARLO

Nestled between Italy and France, on the Côte d'Azur, the Principality of Monaco offers guests more than 300 days of sunshine each year. Although the fabulous climate is a primary attraction, people are also drawn to the region's warm engaging colors, the variety of its surroundings and the friendliness of the people. The Fairmont Monte Carlo hotel is a unique four-star luxury resort located in the heart of the Principality of Monaco in between the Mediterranean Sea and the legendary Casino.

In addition to being one of the most prestigious Monte Carlo resorts, the Fairmont Monte Carlo, entirely equipped of WIFI access, is also one of the largest in Europe, boasting 602 guest rooms, residences and suites, three restaurants, a bar, 18 meeting rooms, shopping arcade, in-house Casino, and unique wellness facilities: a stunning Fairmont Spa, that lets you rediscover all your energy and its Fitness Centre & rooftop pool, which offer all guests the opportunity to enjoy a world-class workout while enjoying views of the Riviera.

Fairmont Monte Carlo offers fabulous wedding options, taking full advantage of the stunning Côte d'Azur. For a breathtaking venue, the top-deck Horizon restaurant and its terraces are divine. Set on the 7th floor, the space features panoramic views over the Riviera and the Mediterranean Sea. The resort's famed Private Dining service has also been known to host receptions at prestigious locales such as the Ephrussi de Rothschild Villa & Gardens and among the Private Collection of Antique Cars of Prince Rainier III. The Fairmont Monte Carlo is where "happily-ever-after" begins in grand style.

DESTINATION NEWS

Culinary Art India 2016 expected to be bigger and better

Indian Culinary Forum in association with Hospitality First & ITPO is set to organize 'Culinary Art India, 2016' as a part of Aahar International Food and Hospitality fair at Pragati Maidan, New Delhi. The 11th Edition of Culinary Art India will kick start from March 15 and will continue till March 19, 2016. Culinary Art India 2016 (CAI) is expected to witness over 300 chefs exhibiting their culinary skills under one roof, as per a release. Well-known chefs from the hospitality fraternity will showcase their flair at the food fiesta and students will brainstorm for their eclectic passion for food along with the competing chefs. The general public will witness live demonstrations by culinary enthusiasts and renowned chefs. The five-day event will recognize excellence in the culinary art in India. Chefs from across India and abroad will participate in the event as honorary guests and juries. Chef Shanli Ong Beng Yew from Malaysia will be presiding as the Chairperson of the jury in this year's competitions

President inaugurates Muziris project

The Kerala Tourism's ambitious Muziris Heritage Project was inaugurated by the President of India Pranab Mukherjee on 27 February at Kodungallur in Kerala. The project is a mammoth conservation undertaking based on archaeological findings on the ancient Spice Route linking India's maritime contacts with contemporary ancient civilizations. "The project should spread the message of Indian cosmopolitanism far and wide adding to the country's soft power across the world. Kerala has, through the ages, demonstrated a remarkable ability to adapt to new traditions and values in every sphere of human thought and endeavor. Participation of people in planning and implementation of the project will further ensure full utilization of the economic and employment prospects that growth in tourism will bring to the region," Mukherjee said. The President also released a coffee table book on the Spice Route, which is a first-ever by a tourism board; it is also available on Kindle.

Now 'Visa on Arrival' for Japanese Nationals too

The Visa on Arrival for Japanese nationals is being launched from today, the March 1, 2016. This facility will be available at six airports viz. Delhi, Mumbai, Chennai, Kolkata, Bangalore and Hyderabad. This facility can be availed for the purposes of business, tourism, conference and medical. Validity of this visa after entry will be for a period of 30 days. The Ministry of Tourism has placed the services of Japanese Interpreters at New Delhi Airport (Immigration hall) to guide and assist the Japanese Nationals arriving by the Visa on Arrival.

The Oberoi Group promises unparalleled luxury on the Nile onboard The Oberoi Philae

The Oberoi Group announced that The Oberoi Philae, Luxury Nile Cruiser, Egypt will sail between Aswan and Luxor, offering a four and six night itinerary. The Group already operates another luxury cruiser, The Oberoi Zahra, and will be increasing its presence on the Nile with The Oberoi Philae. Adding to the luxury provided by The Oberoi Zahra, The Oberoi Philae will offer guests unrivalled views of the River Nile, as they experience the legendary Oberoi service and explore 5,000 years of Egyptian culture.

27th Annual Elephanta Festival in Mumbai

The Maharashtra Tourism Development Corporation (MTDC) organized its 27th edition Elephanta Festival from 16th Feb to 17th Feb at the Gateway of India that attracted art and music lovers of the world. The Festival was inaugurated by Devendra Fadnavis, Hon'ble Chief Minister and Minister of Tourism, Government of Maharashtra in the presence of Valsa Nair-Singh IAS, Principal Secretary Tourism and Culture, Government of Maharashtra and Swadhin Kshatriya, Hon'ble Chief Secretary, Government of Maharashtra. The Elephanta festival was initiated in 1989 by the Maharashtra Tourism Development Corporation (MTDC) to promote Mumbai tourism and culture. The feast of dance and music, is dedicated to the varied classical music and dance forms of India. This year the Elephanta Festival witnessed Indian Classical as well as Western 'Fusion' performances.

India launches app to clean up tourism sites

Unveiled off-late by the country's Minister of Tourism & Culture, Dr Mahesh Sharma, the new 'Swachh Parayatan' mobile app will allow the general public to lodge complaints about rubbish at tourist sites across India. Initially, 25 monuments protected by Archaeological Survey of India (ASI) have been included in the app, but this will be gradually scaled up to include more sites in future. The app enables people to take photographs of the garbage and upload them to the app, along with their comments. The app then sends an SMS to the person responsible for the site in question, who will then arrange to have to garbage cleared. A confirmation will be then sent to the complainant by SMS.

Bollywood will be the new market for Vietnam

The Vietnam News Agency (VNA) reports that a delegation from Vietnam recently took part in the Locations Show 2016, India's largest film tourism event which was hosted by the India International Film Tourism Council (IIFTC) and the Film Federation of India (FFI) in Mumbai – the home of Bollywood. This marked the first time Vietnam has taken part in the event. Representatives from Vietnam included Anh Sao Pictures, director Peter Hien and Vietnam's Ambassador to India, Ton Sinh Thanh. The VNA reported Ambassador Thanh as saying that Vietnam offers a diversity of landscapes suitable for the filming of Bollywood movies, including its 3,000km of coastline and many historical sites. The US film 'Kong: Skull Island' is currently being filmed in Vietnam

HOTEL NEWS

Hotel Industry revenues to grow by 9 % - 10 % during 2016-17.

ICRA estimates pan India Average Room Rates (ARR) to remain flat for 2015-16, nevertheless occupancy improvements of 6per cent-7per cent supports Revenue per available room (RevPAR) growth of 7per cent. Room inventory in the premium category is estimated to increase by 8per cent for 2015-16 as compared to 4per cent during 2014-15. With deferment in construction, supply addition would be lower than earlier estimates at 7.7per cent-8per cent for 2016-17.

JW Marriott Mumbai Sahar gets Leed Gold Certification

Close on the heels of the LEED Gold Certification being awarded to the K Raheja Corp-owned Marriott Whitefield Bengaluru, India's leading destination developer, with business diversified from real estate to retail, to hospitality to retail development, bags yet another award for its stunning, JW Marriott Mumbai Sahar. As front-runners in the hospitality industry, and in continuing to be committed to the green cause, it was only logical to extend to customers the environmentally sustainable benefits of a green hotel. The project has achieved a rating of 66 points in the Final Certification review of the Indian Green Building Council's (IGBC) LEED 2011 for India.

Niranta focuses on luxury stay for transit passengers

The Niranta Airport Transit Hotel and Lounge for transit passengers was launched on 1 August, 2015 at Terminal 2 of GVK Chhatrapati Shivaji International Airport (CSIA) in Mumbai by International Hotels and Resorts Private Limited (IHAR). “We have two more hotels in the pipeline, of which the third will be launched in the first quarter of 2016. These upcoming projects will be located at two different sectors of the airport, began Sharin Surendran, Consultant of International Hotels and Resorts P Ltd. (IHAR) while dwelling at length on the USP and facilities of the hotel, among other things. “This is our first airport transit hotel project and right now, we are focusing only on this and the upcoming ones. We offer luxurious hospitality services for transit passengers. In India, other than the Mumbai airport, only Delhi has transit hotels.”

Park Hyatt Goa launches helicopter rides

The helicopter services commenced last month, in time for Valentine's Day, and are being operated in partnership with the Goa Tourism Development Corporation (GTDC). “Goa Tourism is pleased to introduce heli-tourism joyrides at Park Hyatt Arossim and we are optimistic that high-end tourists visiting Goa will find this as a very exciting option to witness the beauty of Goa from the skies,” said Nikhil Desai, managing director of the GTDC. The launch of the Goa helicopter rides follows the start of a similar service in Mumbai, overseen by the Maharashtra Tourism Development Corporation (MTDC). The 250-room Park Hyatt Goa is located on Arossim Beach.

AIRLINE NEWS

For Jet Airways in Mumbai, Domestic flight operations will relocate at Terminal 2 from 15th March

Jet Airways, India's premier international airline, will relocate its domestic operations to the state-of-the-art Terminal 2 (T2) at Mumbai's Chhatrapati Shivaji International Airport (CSIA) in Sahar on March 15, 2016. Spread across 4.4 million square feet, the integrated Terminal 2 has 60 departure check-in counters and 80 arrival immigration counters capable of handling 40 million passengers annually. Terminal 2 is also well connected to the island city by public transport which includes the Mumbai Suburban Railway, Mumbai Metro Rail, Public Transport Buses, Taxis and Auto rickshaws. Jet Airways' migration of domestic operations to T2 will lead to the integration of domestic and international flight operations in one terminal, resulting in a significantly enhanced, seamless and hassle free transfer experience for guests.

Air India strengthens its India Europe Network, to start Delhi- Vienna-Delhi flight

National carrier Air India will connect Delhi to Vienna, the capital of Austria with a non-stop flight from April 6, 2016.This non-stop service will operate thrice a week on Wednesday,Friday and Sunday with a B787 aircraft. Air India with code share arrangements with Austrian Airlines will replace existing 5 weekly service to Vienna and will offer connecting to more than 25 European destinations. This service will provide connectivity to all corners of India and to International destinations like Bangkok, Kathmandu, Colombo and other destinations connected ex Delhi.

IndiGo improves Domestic connectivity

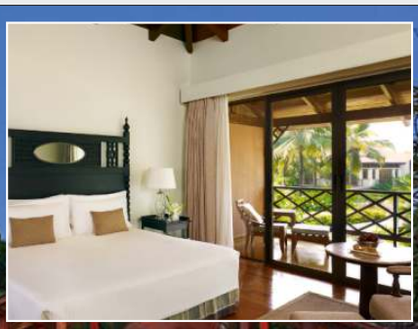
IndiGo introduced its service to Dehradun, making it its 35th domestic and 40th overall destination. The new schedule has three daily non-stop flights connecting Delhi and Dehradun, which will further connect Mumbai, Bangalore and Hyderabad as a one-stop flight without any change of aircraft. Also effective 1st March, the airline will connect Chennai to Bangalore and Kolkata to Jaipur with its third flight, while also commencing additional daily non-stop flights between Kolkata and Delhi; Hyderabad and Chennai; Delhi and Bangalore; Delhi and Chennai; Bangalore and Thiruvananthapuram and Pune and Thiruvananthapuram. In addition, IndiGo will also connect Jaipur and Hyderabad with the launch of its second daily non-stop flight, with effect from 15 March.

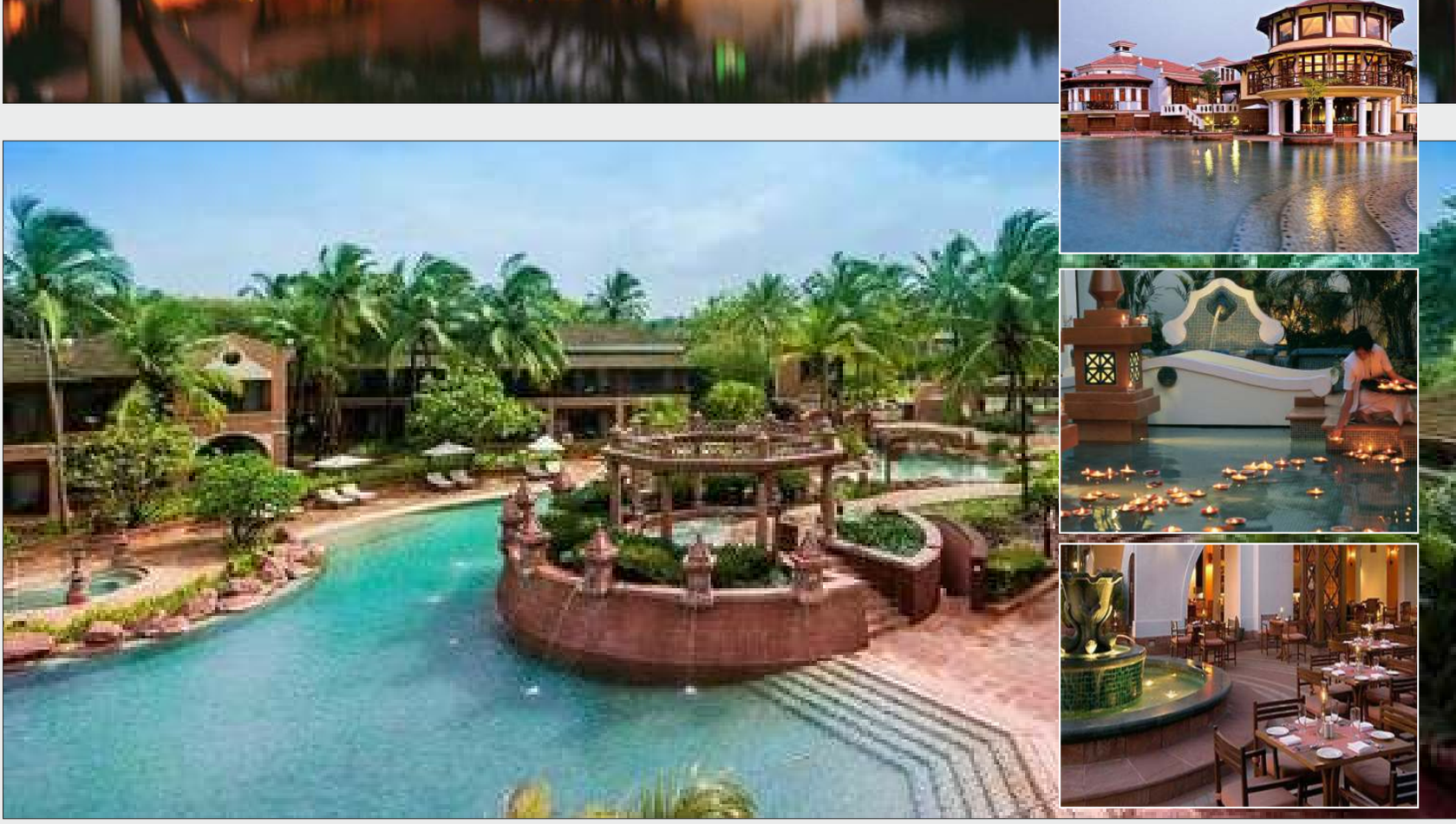
Govt. yet to take decision on 5/20 norm for airlines

Government has not taken a decision on 5/20 norm, which requires an Indian carrier to have minimum 5 years of domestic flying and at least 20 planes for going overseas, Parliament was informed. "No such decision has been taken," Minister of State for Civil Aviation Mahesh Sharma said in a written reply to a Member's question. Mahesh Sharma was responding to NCP Member of Parliament Majeed Memon's question whether in the proposed new civil aviation policy, the Government is likely to favour removal of 5/20 rule to allow some private airlines to fly on international routes. As of now three private carriers -- Jet Airways , SpiceJet and IndiGo -- have international operations besides the state-run Air India. GoAir, which is into domestic operations since 2005, is still not qualified for flying overseas as the airline is one short of required number of aircraft (20) in the fleet.

GETAWAY RESORT OF THE MONTH

PARK HYATT, GOA





Park Hyatt Goa Resort and Spa is one of the best 5-star luxury resorts in Goa nestled along the pristine Arossim Beach, just 15 minutes from Dabolim Airport. Set within 45 acres of landscaped gardens with glimmering waterways and lagoons, the five star beach resort combines elegance with distinctive regional character.

With its dramatic architecture, this beach resort in South Goa was conceptualised as a charming Indo-Portuguese village housing 250 pousada-style guestrooms and suites, each offering a spa-inspired bathing experience. Complimentary internet access, a luxurious king size bed, spacious work desk, pampering bath amenities and 24 hour in-room dining are just some of the features of the guestrooms at this luxury resort in Goa. The suites offer a living area, and are the perfect home away from home for families and long staying guests.

The resort showcases a selection of exquisite restaurants, including a signature fine-dining Goan restaurant, Casa Sarita and Palms, a seafood restaurant on the beach. Other facilities include the award-winning Sereno Spa, one of the largest swimming pools in India and picturesque wedding venues.

Spend your day basking by the swimming pool, while younger guests can enjoy an adventure at Camp Hyatt. The Fitness Centre is available 24 hours a day while a Yoga Programme is conducted every morning. Hone your culinary skills at the Cooking with Master Chefs' class or take the intriguing Horticulture Tour with the resident expert.

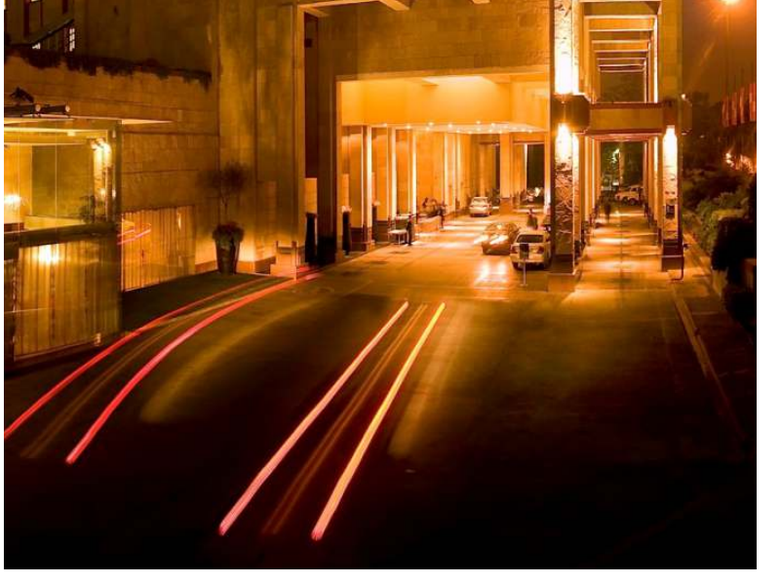
The city of Margao is situated nearby, while the industrial belt of Verna is 10 kilometers away. History enthusiasts may enjoy a tour of Old Goa or a visit to some of South Goa's beautiful ancestral homes.

True to the Park Hyatt brand, Park Hyatt Goa Resort and Spa epitomises understated luxury and gracious service in an intimate sanctuary, offering guests an experience that is distinctively inspiring.

Contact us for special packages on info@tamarindglobal.com

TAMARIND PROMOTION OF THE MONTH

THE LALIT NEW DELHI



Standing tall in the heart of the business and commercial district of Connaught Place, The Lalit New Delhi is one of the finest luxury hotels in the city. The hotel is located just minutes away from the government offices, cultural centres and international trade fair grounds.

Surrounded by upscale shopping centres, heritage monuments and neighbourhoods buzzing with cafés and bazaars, this five-star hotel offers the perfect gateway to India's vibrant capital.

Seven distinctive dining, the super-luxe nightclub Kitty Su - the only award-winning night club from India to feature in DJ Mag's top 100 clubs of the world, the award-winning Rejuve – The Spa, and sophisticated event venues ensure that every expectation is surpassed.

Amidst the urban bustle of India's capital, The Lalit New Delhi is the destination to relax, unwind and discover the city at your own pace.

Contact us for more information on info@tamarindglobal.com

TOP FIVE PICKS

TOP-5 RESORTS TO BOOK IN KASHMIR FOR THE SUMMER

Vivanta by Taj, Srinagar

Perched on Kralsangri hill that captures finest panoramic view of the Dal Lake , surrounded by majesty of Zabarwan Mountains, the Taj Vivanta is paradise rediscovered. Drive in just 20 km from Srinagar International Airport and check out the stunning views of the Tulip Gardens, the snow-capped peaks of the Zabarwan range in winter, Gulmarg range in spring and the golden glow of the Chinars in autumn. Located 1730m above sea level the resort has truly spacious rooms and suites. Check out the nouvelle restaurants, the high energy bar, and the Jiva spa.

Khyber Himalayan Resort and Spa, Gulmarg

8,825 feet above sea level in the Pir Panjal range of the Himalayas, stands a world-class resort that captures the beauty of its pristine setting. With majestic views of the Affarwat Peaks, The Khyber Himalayan Resort & Spa is spread over 7 acres of a sylvan coniferous forest. A world away from the ordinary, this 85-room resort is a haven of luxury, designed to pamper you in every way- with plush interiors, fine cuisine and restorative treatments at The Khyber Spa by L'Occitaine. You can also ski on some of Asia's finest slopes in winter, trek and picnic through unspoilt forests and flower bedecked meadows in spring or tee off on the world's highest golf course.

The Lalit Grand Palace, Srinagar

Encircled by the Himalayan ranges and overlooking picturesque Dal Lake, The Lalit Grand Palace Srinagar is the former palace residence of the Maharajas, and has been carefully and meticulously restored. Previous guests include Lord Mountbatten, and the Palace courtyard's Chinar Tree was once the site of a meeting between Mahatma Gandhi and the Maharaja Hari Singh. The Lalit Grand Palace Srinagar is located just minutes away from the international airport and features 113 palace rooms & suites including 10 luxurious cottages, four restaurants & bar, state-of-the-art banquet & conference facilities, a shopping arcade and Rejuve-The Spa along with a salon, gymnasium, health club and all weather swimming pool.

Senator Pine & Peak, Pahalgam

A gilded version of a mountainside Manor, Pine n Peak is the only resort in Pahalgam. Perched atop the Rajwas Plateau, its pristine beauty remains untouched by the chaos of the market, snuggling down in the layers of untouched snow and fir laden paths. The elevation of the plateau ensures views of the shimmering Lidder River and snow topped mountains that play with the sunrays, bathing the valley in different hues throughout the day. The rooms are centrally heated and rich with opulent Kashmiri handicrafts. The restaurant Lolaab, overlooking the vistas fragrant with pines and snow capped mountains, reflects the beauty of one of Kashmir's most beautiful valleys.

Pahalgam Hotel, Pahalgam

Pahalgam hotel and Pahalgam are synonymous! Established in 1931 and spread in about 2 acres, the hotel has acquired a name for its rejuvenating ambience, hospitality and a wholesome tasty cuisine. There are 20 suites and 25 double bedrooms located in different blocks, with a splendid view of the river Lidder and snow clad mountains. Film goers recognize the hotel instantly as it has been very popular with the industry. A number of movies have been shot in the hotel itself. Beautifully furnished guest rooms feature comfortable beds and the most spacious floor plans. The Dining Hall Serves Indian, Kashmiri, Gujarati, Continental, Chinese & Jain cuisines.

GLOBAL CUISINE

QUINOA UPMA

Ouinoa has gained popularity all over the world as a super food. Being a good source of protein, its beneficial for vegetarians as well as vegans. It is also rich in iron, manganese and phosphorus. The texture of cooked quinoa is soft yet chewy with a crunch, and it lends itself to a variety of fusion recipes. Here's one for the quintissential south Indian dish upma, made with a twist of South America.

INGREDIENTS

½ cup quinoa
1.5 tbsp oil
1 medium onion, ⅓ cup finely chopped medium onion
½ tsp finely chopped ginger
1 tsp chopped green chilies or 1 to 2 green chilies, chopped
1 dry red chili, stem removed
a pinch of asafoetida (optional)
5 to 6 curry leaves
½ tsp mustard seeds
½ tsp cumin seeds/jeera
½ tsp urad dal
½ tsp moong dal or chana dal
1 small to medium carrot, ⅓ cup finely chopped carrots
5 to 6 french beans, ¼ cup finely chopped french beans
⅓ cup frozen peas/matar
1 to 1.25 cups water
2 tbsp chopped coriander leaves
salt as required

METHOD

Take ½ cup quinoa in a fine strainer and rinse well in running water.
Heat 1.5 tbsp oil in a pan. Add ½ tsp mustard seeds.
Once the mustard seeds begin crackling, then add ½ tsp cumin seeds, ½ tsp urad dal and ½ tsp moong dal or chana dal.
Stir and saute on a low flame. Saute till the urad dal and moong dal turn golden.
Then add ½ tsp finely chopped ginger, 1 tsp chopped green chilies or 1 to 2 green chilies, chopped, 1 dry red chili and a pinch of asafoetida (optional). Saute for about half a minute.
Next add ⅓ cup finely chopped medium onion and 5 to 6 curry leaves.
Stir and saute on a low to medium flame.
Saute till the onions become translucent.
Then add ⅓ cup finely chopped carrots, ¼ cup finely chopped french beans and ⅓ cup frozen peas. Mix well.
Saute on a low flame for two minutes.
Then add the quinoa. Mix very well again.
Saute for a minute or two on low flame.
Then add water. For ½ cup of quinoa 1 cup of water can be added.
Stir well. Add salt as per taste.
Cover the pan with its lid and simmer on a low flame till the quinoa seeds are cooked.
Once or twice you can stir the upma while its being simmered.
When all the water has been absorbed and the grains appear translucent and cooked well, remove the lid and switch off the flame.
Add 2 tbsp chopped coriander leaves.
Give a quick stir and serve vegetable quinoa upma hot or warm with a few lemon wedges or coconut chutney or lime pickle.

THE MOST AMAZING EVENTS IN THE WORLD!

INTERNATIONAL PICKS OF THE MONTH

CAPE TOWN INT'L JAZZ FEST

Affectionately referred to as "Africa's Grandest Gathering," the Cape Town International Jazz Festival is one of the largest jazz-oriented events in the world and the single largest music event on the continent. Crucially, for a proudly South African event, the festival highlights native South African artists and international marquee stars in equal measure. Hosted in Cape Town's very largest venue, the Cape Town International Convention Centre, the festival attracts upwards of 37,000 attendees, essentially tripling in size since the beginning. Over forty performers — composed of a fifty-fifty split between South African and international artists—play on five different stages within the colossal events multiplex. One fixture of the annual event is a photojournalism workshop, which provides aspirant photographers with training in the tradition of artist portraiture and concert documentation.
When : April 1-2, 2016 Where : Cape Town, South Africa

SONGKRAN

Super Soakers, water balloons and virtually any sort of spray bottle become weapons of water during Thailand's Songkran (Water) Festival. Although the roots of this festival are spiritual, with water dousing representing a purification ritual to wash away evil spirits in anticipation of the Thai New Year , it has now become an enormous countrywide water fight. Thais spend three brutally hot days soaking their fellow citizens and everyone else in what amounts to the biggest party of the year. The spiritual aspects of the Songkran Water Festival live on through observant Buddhists who douse statues of the Buddha in scented water. Many fast, pray and give thanks to elders and monks, focusing on welcoming positive energy and spirituality for the beginning of the new year. Elaborate floats and painted elephants parade through town.
When : Apr 13- 15, 2016 Where: Chiang Mai, Thailand

INDIAN PICKS OF THE MONTH

ATTUVELA MAHOTSAVAM

In contrast to many of Kerala's temple festivals where the focus is on elephants, the Attuvela Mahotsavam is a delightful water carnival. According to legend, it is the welcome ceremony for the Goddess of Kodungalloor who comes to visit her sister, the Goddess of Elamkavu. Goddess Bhagavathy who is believed to be a powerful goddess of this region . This occasion is celebrated as a welcome ceremony to her sister's land in a special way. During the two-day Attuvela, beautifully illuminated canoes, carrying a huge replica of the temple, sail down the waters accompanied by hordes of colourfully decorated small canoes and temple percussion music. The procession of canoes starts from Attuvela Kadavu, 2 km away from the temple.
When: April 8, 2016 Where: Elankavu Bhagavathy Temple which is 3 kms away from Vaikom, in the Kottayam district of Kerala.

GANGAUR

One of the most important festivals in Rajasthan, Gangaur is all about honoring the goddess Gauri. A manifestation of Parvati (Lord Shiva's wife), she represents purity and austerity. This festival is predominantly for women. Colourful processions of bejewelled images of the goddess Gauri wind their way all over cities and villages, accompanied by local bands. In Udaipur, the Mewar Festival welcomes the arrival of spring. At Gangaur Ghat on the banks of Lake Pichola, images of goddess Gauri are transferred onto boats amidst much singing and celebrating, and taken out onto the Lake. The festival continues with a plenty of singing, dancing and cultural programs, and finishes off with a huge display of fireworks.
When: April 9-10, 2016 Where: All over Rajasthan, especially Jaipur, Udaipur, Jodhpur, Jaisalmer, Bikaner, and Nathdwara

INDIAN WEDDING TRADITIONS

WHAT IS THE SIGNIFICANCE OF THE MANGALSUTRA?

Mangalsutra, as such, is not just a jewelry item, but a sacred thread of love and goodwill worn by married women, as a symbol of their successful marriage. The word 'mangalsutra' is derived from the two words, mangal meaning holy or auspicious and sutra meaning thread. It is a sacred necklace that the groom ties around the bride's neck on the day of the wedding in a ceremony called Mangalya dharanam (meaning - wearing the auspicious), thereby giving her the status of his wife and life mate.

Each black bead in the mangalsutra is believed to have divine powers that protect the married couple from the evil eye and is believed to safeguard the life of the husband. It is believed by Hindus that the Mangalsutra is an ornament that attracts Divine Principle in highest proportion. In a Mangalsutra both the cups are hollow from one side and are raised from the other. The mangalsutra is worn facing the hollow side towards the body. The Divine Principle is attracted in the voids of the cups in higher proportion than in any other ornaments. In the left part of the mangalsutra there is flow of Energy of Desire, in the central part of Energy of Action and in the right part of Energy of Knowledge.

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