



Somatheeram, Welcomes You To The World Of Authentic Ayurveda

A Serene Ayurvedic Resort By The Sea In South India. Here You Can Benefit From Traditional Ayurvedic Therapy As Well As Yoga In A Blissfully Peaceful Environment.

Somatheeram, The World's First Ayurvedic Resort, Is One Of The Best Tourism Spots In Kerala, India. Located At Chowara Beach On A Hillock 9 Km South Of The Famous Kovalam Beach, Trivandrum, And Kerala With Over 15 Acres Of Greenery All Around.

Somatheeram Ayurveda Resort Is Unique In Every Aspect. A Complete Resort With Tradition, Culture, History, Ayurveda, Yoga, Beach And Nature. Take Pleasure In The Breathtakingly Beautiful Landscape. Rejuvenate Your Body And Soul With Ayurveda, Yoga And Meditation.



## SOMATHEERAM AYURVEDA

Somatheeram wellness programs include a wide range of therapies and treatments such as Rejuvenation or Body Purification Therapy, Slimming Program, Stress Management Program, Beauty Care and Ayurveda Anti-Ageing Program.

The packages range from 7 Nights to 22 Nights.



### Special Notes

\*Duration of the treatments may vary according to the direction of the doctor and process may change depending upon the patient's body condition. Final decision will be taken by the consulting doctor .



\*All the above information is correct at time of uploading on the website and is subject to change without notice.