

## EXCITING NEW HOTEL OPENINGS IN 2022

### Indian summer House



**Where?** Muvattupuzha, Kerala

**Why?** Step outside of your busy schedule into a luxury villa where you can find sanctuary of comfort and keralan culture, organic gardens and palace-like retreat created alongside this ancestral home.

**What is unique?** Located near the meandering Muvattapuzha river and set amidst beautifully landscaped garden, when you walk through the lush tropical landscape an overwhelming calm descends on you in this intimate holiday haven.

### Hilton Garden Inn Bengaluru Embassy Manyata Business Park

**Where?** Bengaluru, Karnataka

**Why?** In the heart of India's Silicon Valley, find this inspiring new space where innovative design meets unparalleled service in the city's best location - a perfect backdrop for your meetings and events.

**What is unique?** Along-with the state-of-art convention centre, experience the consistency and service of the world's most renowned hotel brand, at the largest of its kind, fully integrated complex in South India.

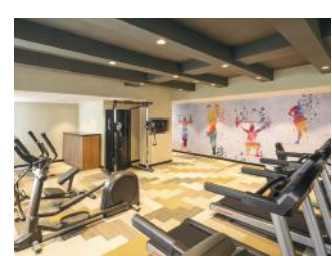


### IBIS Vikhroli

**Where?** Vikhroli, Mumbai

**Why?** Embodies a design philosophy that is both trendsetting and modern with rooms featuring sweet bed by IBIS, high speed WIFI, access to OTT channels, eco-friendly bathroom amenities and offers great food for any traveller seeking abode at the IBIS.

**What is unique?** Hotel is pet-friendly, serves longest breakfast from 04 am to noon, has their own library - a hub for voracious readers, plug and play corner at social hub with seamless check-in and so much more.



### Naad Wellness

**Where?** Sonapat, Haryana

**Why?** Located a stone's throw from New Delhi, Naad Wellness helps you disconnect, heal and reconnect with your inner self. With serene surroundings and healing greenery, only nature's freshest bounty is used to enrich your mind and body at Naad.

**What is unique?** Features a bouquet of curated experiences rooted in the ancient Indian pillars of Ayurveda, Yoga and Naturopathy. With a plethora of therapies and services, the focus is on primary forces - Vatta (Wind), Pita (Fire) and Kapha (Earth) to restore balance to your five senses and tune into a sound you, inside-out.



### Fortune Resort Benaulim Goa



**Where?** Benaulim, Goa

**Why?** A leisurely walk from the pristine white sands of Benaulim beach rests this antiquated retreat with a relaxing spa, stunning swimming pool, multiple food and beverage offerings, and a gamut of vantage venues; perfect destination for dreamy weddings and a breath-taking tropical holiday.

**What is unique?** Surrounded by vast paddy fields, the resort is embraced on all sides by rows of coconut palm trees and meandering pathways full of wild flowers. A quaint and tranquil retreat away from the hustle and bustle of city life where time seems to stand still. An idyllic spot to discover the serenity of Goa and have a relaxed holiday like no other.



## SPOTLIGHT ON FESTIVAL Teej Festival (one month Celebration)

July 31 (Sunday), 2022 to August 30 (Tuesday), 2022

**Teej Festival:** Teej is one of the most sacred Hindu festivals observed in India & Nepal. It is observed in different parts of the country by the womenfolk to seek blessings for their husband's long life. Teej honours the devotion of Ma Parvati who underwent penance for years to become the consort of Lord Shiva. Women seek her blessings for a happy married life and unmarried girls fast to attain an exemplary husband like Lord Shiva.

There are three types of Teej celebrated in India. These are Hariyali Teej, Hartalika Teej and Kajari Teej.

#### Hariyali Teej (31st July 2022)

Hariyali Teej also known as Chhoti Teej, is pre-dominantly followed in Rajasthan, Madhya Pradesh and Maharashtra and also in some parts of Haryana, Punjab and Bihar. The greenery during the monsoon months forms the perfect setting for performing traditional songs and dancing during Hariyali Teej. The Hariyali Teej of Vrindavan is known for its festive air, as Krishna and Radha's idols are especially decorated and the golden swing is displayed which attracts visitors from all over the world. Women offer prayers to goddess Parvati and after the prayers they sing the folk songs of marital bliss. In many places, fairs are also organized.



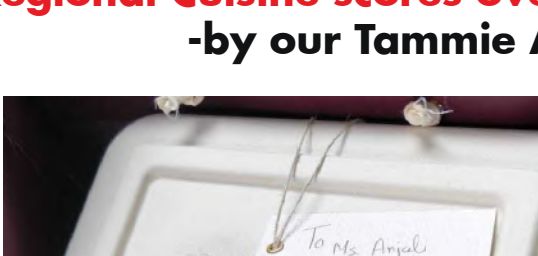
#### Kajari Teej (15th Aug 2022)

Kajari Teej also known as Badi Teej. Kajari Teej gets its name from the blackish hue of clouds that signal the onset of rains. Kajari Teej is celebrated in Madhya Pradesh and in Uttar Pradesh, especially Mirzapur and Varanasi.

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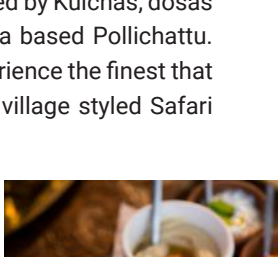
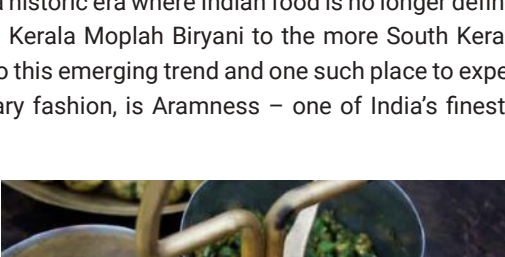
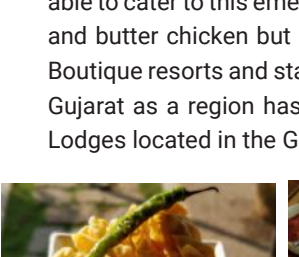


## Regional Cuisine scores over Global at Aramness -by our Tammie Anjali Tolani



The fourth edition of a Godrej sponsored Food Trends Report listed emerging food trends and prime amongst those was the renaissance of Regional Cuisine. Millennials who have traveled extensively across the globe, perhaps more than the previous generations, are now doubling in sushi, ravioli, empanadas, Injeras, are now proudly putting up Instagram posts of regional micro cuisines. Now Indian food is no longer merely categorized as South Indian or North Indian but further refined into Bohri, Kayastha, Naga, Bihari, Bhopali and Mopla cuisine amongst others.

Chefs have fueled this by digging out ancient recipes, sourcing heritage ingredients, encouraging farmers to grow more native crops to be able to cater to this emerging palate for regional cuisine. This is almost a historic era where Indian food is no longer defined by Kulchas, dosas and butter chicken but is more nuanced to discern between the North Kerala Moplah Biryani to the more South Kerala based Pollichattu. Boutique resorts and standalone restaurants have been quick to adapt to this emerging trend and one such place to experience the finest that Gujarat as a region has to offer, but served up in delicate contemporary fashion, is Aramness - one of India's finest village styled Safari Lodges located in the Gir Forest.



Given its remote location, Aramness consciously sources its ingredients to be nimble in their carbon footprint and also patronises the local producers, while having a small vegetable patch in-house. Their food philosophy focusses on reviving ancient regional preparations, using locally sourced ingredients, served in traditional style on Kansas (alloy of zinc, tin and copper) Thalis or on traditional platters called Bajots. Let's see how guests are spoiled for choice while at Aramness

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