



ANANDA®

IN THE HIMALAYAS
A DESTINATION SPA

Located in the tranquil Himalayan foothills, close to the mythological cities of Haridwar and Rishikesh, surrounded by graceful Sal forests, overlooking the peaceful Ganga as it meanders into the distance, Ananda is the spiritual pathway to the ultimate, discovered through the union of body, mind and soul.

It is not just a retreat that will leave you breathless with the enchantment of its surroundings, but it also assists in redefining lifestyles to include the well-known traditional Indian wellness regimes of Ayurveda, Yoga and Vedanta combined with best of International Wellness Experiences.

ANANDA GETAWAYS



These are short breaks to the hills to enjoy the serene ambience of the Himalayas for a relaxing and refreshing experience. Ananda Getaways also provide a great introduction to the unique combination of spa experiences and activities on offer at Ananda - Himalayan Bliss & Couples Connect.



HIMALAYAN BLISS

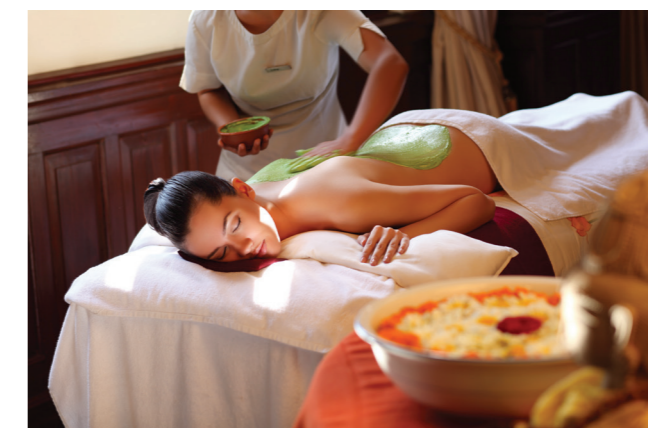
This package starting at 3 nights inclusive of room, meals (breakfast & dinner) and spa experiences is an excellent introduction to the unique blend of Ananda's world class spa with a wide menu of integrated ancient & contemporary therapies and treatments such as Wild Rose Salt Scrub and Reflexology, exhilarating activities in and around the resort and the delectable cuisine of Ananda, making it a perfect getaway. Package durations available are 3 Nights and 5 Nights.

COUPLES CONNECT

Take time to connect at a different level in the most romantic ambience. Ananda's nurturing 3 and 5 night Couples Connect package includes spa experiences such as Aroma Cocoon and Couples Connect Ritual, within your very own couples spa suite which awakens positive emotions and provides the ultimate relaxation.

STANDARD INCLUSIONS FOR ALL GETAWAY PACKAGES:

- Accommodation starting from 3 nights onwards
- Daily breakfast & dinner served in the restaurant and morning wake up signature tea
- Transfers from the Haridwar railway station or Dehradun airport
- Spa experiences as per the above mentioned inclusions with a pre-spa experience briefing
- For Couples Connect package - One 'Special Dinner' with a bottle of house wine (Candlelit dinner with a customized menu - at Tree Top Deck or other venue as per availability) - for 3 night package only
- Hydrotherapy facilities - steam, sauna, plunge pool, hydro foot bath
- Daily scheduled activities - Yoga, Meditation, Pranayama, Vedanta and Fitness sessions
- Scheduled trek to Kunjapuri temple on the mountaintop with fabulous views of snow covered Himalayan peaks



*All the above information is correct at time of uploading on the website and is subject to change without notice.